

# Monthly Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
-----	-----	-----	-----	-----	-----	-----

## WEEKLY ONGOING ACTIVITIES

9:15 am  
**MSROM**  
5:30 pm  
Circuit Aerobics  
6:45 pm  
Body Sculpting  
6:30 pm  
Boxing Fitness

9:15 am  
Water Aerobics  
5:30 pm  
Circuit Aerobics  
6:45 pm  
Zumba  
5-9 pm  
Young Champions

9:15 am  
**MSROM**  
4-9 pm  
**TN**  
Gymnastics  
6:30 pm  
Boxing Fitness

9:15 am  
Water Aerobics  
5:30 pm  
Circuit Aerobics  
6:45 pm  
Zumba

9:15 am  
**MSROM**

# July

<p>MCMINNVILLE PARKS AND RECREATION DEPARTMENT 500 GARFIELD STREET MCMINNVILLE TN 37110 Phone: 931-473-1212 Fax: 931-473-1214 Website: www.mcminnvilletenn.com Email: mcminnparks@mcminnvilletenn.com</p>				1	2	3
				<p>NO AEROBICS CLASSES!</p> <p>Gospel Meeting 6-8 pm</p>	<p>Main Street Live 6pm</p> <p>Gospel Meeting 6-8 pm</p>	<p>Downtown Celebration Happy 4th of July! Dr Pepper Fireworks 9pm Civic Center Closed</p>
4	5	6	7	8	9	10
CLOSED	<p>Civic Center Closed</p> <p>Red Cross Learn To Swim Begins</p>			<p>Fall Soccer Registration 5-8 pm</p>	<p>Main Street Live 6pm</p> <p>Fall Soccer Registration 8-4 pm</p>	<p>Fall Soccer Registration 10-2 pm</p>
11	12	13	14	15	16	17
CLOSED			<p>Bloodmobile 12-6pm</p>		<p>Main Street Live 6pm</p>	
18	19	20	21	22	23	24
CLOSED					<p>Main Street Live 6pm</p>	
25	26	27	28	29	30	31
CLOSED			<p>Lunch &amp; Learn 12 noon</p>		<p>Main Street Live 6pm</p>	

# July 2010



**Classes offered:**

- Monday 9:15 am SilverSneakers® MSROM
- 5:30 pm Circuit Aerobics
- 6:30 pm Boxing Fitness– Adults
- 6:45 pm BodySculpting
  
- Tuesday 5:30 pm Circuit Aerobics
- 6:45 pm Zumba®
  
- Wednesday 9:15 am SilverSneakers® MSROM
- 6:30 pm Boxing Fitness– Adults
  
- Thursday 5:30 pm Circuit Aerobics
- 6:45 pm Zumba®
  
- Friday 9:15 am SilverSneakers® MSROM

**McMinnville Civic Center Hours:**  
**Monday through Thursday**  
**8:00 am - 8:00 pm**  
**Friday 8:00 am - 4:00 pm**  
**Saturday 9:00 am-4:00 pm**  
**For more information,**  
**please call 473-1212**

# WHAT'S NEW !!

**August 14-15**  
**Bar-B-Que Cookoff**  
**More Information : TBA**

**GILLEY POOL HOURS:**

**Monday-Saturday**  
**10 am to 5 pm**  
**Sunday**  
**1 pm to 6 pm**  
**Admissions-\$4.00 per person**



**Purchase your Gilley Pool Pass!**  
**\$75.00 for Individual**  
**\$200.00 for Family**

**McMinnville Jiu-Jitsu Academy**

Class Schedule for July

July 1– 8-10 am/ 6-8 pm	July 16- 8-10 am
July 2– 8-10 am	July 19- 6-8 pm
July 5– 8-10 am/6-8 pm	July 20- 8-10 am/6-8 pm
July 7– 8-10 am	July 21- 8-10 am
July 12– 8-10 am	July 26- 8-10 am
July 14– 6-8 pm	July 28- 6-8 pm
July 15– 8-10 am/6-8 pm	July 29- 8-10 am/6-8 pm
	July 20- 8-10 am

**Water Aerobics**

**Tuesdays and Thursdays**  
**9:15 am**  
**At the Gilley Pool**



**Cost per class per person: \$4.00**  
**Instructor: Jileen McGregor**

**PLAN TO JOIN US ON THE 4TH OF JULY FOR DOWNTOWN ACTIVITIES AND FIREWORKS**



**Tuesdays and Thursdays At 6:45 pm**

**Instructor: Lauren Prater**

SEE AEROBICS SCHEDULE FOR ALL CLASS TIMES!



**Dr. Pepper Fireworks**  
**9 pm**  
**Saturday, July 3rd**