

G

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IMPROVE
FLEXIBILITY

Y

OUTH



INCREASE
STRENGTH

Join the Fun while Moving!
For Youth
Ages 8 to 14 yrs.
Get Active with Justin for
an hour of Fun, Exercise and
Improve your overall Fitness.

Tues. & Thurs.
3:30-4:30 p.m.

M

OVING



BUILD
A
HEALTHY
HEART

CLASS

CLASSES \$2.00
CALL 473-1212 FOR
INFORMATION ASK
FOR JUSTIN

McMinnville Civic Center